

Dayspring Family Church

What Does The Bible Say About Weariness?

Introduction

Weariness is not the same as tiredness. Tiredness is physical; weariness is spiritual. The Bible warns us not to grow weary, because it can cause us to quit before we reap the harvest God has promised.

I. The Difference Between Weariness and Tiredness

- Tiredness: physical or mental fatigue. Normal, solved by rest. (John 4:6)
- Weariness: discouragement of the soul; loss of motivation and strength. (Gal. 6:9)
- Tiredness makes you sleep. Weariness makes you want to quit.

II. Insights About Weariness

- Weariness means to lose heart and relax effort.
- Weariness is a temptation to abandon good works before the harvest arrives.
- It comes from delayed reward—God's timing is the key.
- Satan often brings weariness just before breakthrough.

III. Why Weariness Is Dangerous

1. Causes loss of faithfulness in prayer and service.
2. Tempts us to quit too soon.
3. Makes us blind to the coming harvest.
4. Leaves us open to compromise and sin.

IV. Galatians 6:9 – Key Verse

“And let us not be weary in well doing: for in due season we shall reap, if we faint not.”

- Weary (ekkakeō) = to lose heart, give up.
- Well doing = continuing in righteousness, generosity, faithfulness.
- Due season = God's appointed time of harvest.
- If we faint not = condition: don't quit.

V. Biblical Examples of Weariness

- Elijah: Wanted to die (1 Kings 19). God renewed him with rest and vision.
- Moses: Overloaded (Num. 11). God gave him helpers and His Spirit.
- David: Discouraged at Ziklag (1 Sam. 30). He encouraged himself in the Lord.
- Job: Weary of life (Job 3, 19). He trusted in his Redeemer.

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- Jeremiah: Wanted to quit (Jer. 20). God's Word was like fire in his bones.
- Israelites: Weary of wilderness (Num. 14). Most failed; Joshua & Caleb endured by faith.
- Jesus: Weary in Gethsemane (Matt. 26). Overcame by prayer, surrender, and focus on the cross.

VI. Applications

- When you feel weary, don't give up—God renews the faint.
- Remember: your due season is coming.
- Guard against the enemy's tactic of discouragement.
- Pray for renewal, rest in God's presence, and keep sowing in faith.

Weariness is more than tiredness—it is the soul's discouragement that tempts us to quit. But God renews His people and promises a harvest if we don't faint.

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I. The Difference Between Weariness and Tiredness

- Tiredness is _____.
- Weariness is _____.
- Tiredness makes you _____. Weariness makes you want to _____.

II. Insights About Weariness

- Weariness means to _____.
- It tempts us to _____.
- Weariness often comes from _____.
- Satan tries to bring weariness _____.

III. Why Weariness Is Dangerous

1. Causes _____ in prayer and service.
2. Tempts us to _____ too soon.
3. Makes us blind to _____.
4. Opens the door to _____.

IV. Key Verse – Galatians 6:9

“And let us not be weary in well doing: for in due season we shall reap, if we faint not.”

- Weary = _____.
- Well doing = _____.
- Due season = _____.
- If we faint not = _____.

V. Biblical Examples

- Elijah: God renewed him with _____.
- Moses: God gave him _____.
- David: He _____.
- Job: He trusted _____.
- Jeremiah: God’s Word was like _____.
- Israelites: Joshua and Caleb overcame by _____.
- Jesus: He overcame by _____.

VI. Reflection

1. What situations in your life make you weary instead of just tired?
2. How can you encourage yourself in the Lord like David?
3. What promise from Galatians 6:9 gives you hope right now?